

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	<u>Oral:</u> 1) Fin 1,25mg 2) Biotin 10000iu 3) Omega 3 1000mg 4) Vit D3 2000iu 5) Multivitamin <u>Topical:</u> 1) KET Lotion & Shampoo [before shower] 2) RU 5% - Cetirizin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Fin 1,25mg 2) Biotin 10000iu 3) Omega 3 1000mg 4) Vit D3 2000iu 5) Multivitamin <u>Topical:</u> 1) RU 5% - Cetirizin 1% - Bifon 2) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Fin 1,25mg 2) Biotin 10000iu 3) Omega 3 1000mg 4) Vit D3 2000iu 5) Multivitamin <u>Topical:</u> 1) KET Lotion & Shampoo [before shower] 2) RU 5% - Cetirizin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Fin 1,25mg 2) Biotin 10000iu 3) Omega 3 1000mg 4) Vit D3 2000iu 5) Multivitamin <u>Topical:</u> 1) RU 5% - Cetirizin 1% - Bifon 2) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Fin 1,25mg 2) Biotin 10000iu 3) Omega 3 1000mg 4) Vit D3 2000iu 5) Multivitamin <u>Topical:</u> 1) RU 5% - Cetirizin 1% - Bifon 2) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Fin 1,25mg 2) Biotin 10000iu 3) Omega 3 1000mg 4) Vit D3 2000iu 5) Multivitamin <u>Topical:</u> 1) KET Lotion & Shampoo [before shower] 2) RU 5% - Cetirizin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Dut 0,5mg 2) Fin 1,25mg 3) Biotin 10000iu 4) Omega 3 1000mg 5) Vit D3 2000iu 6) Multivitamin <u>Topical:</u> 1) RU 5% - Cetirizin 1% - Bifon 2) Dut 0,01% - Adenosine 1% - Minox
Evening	<u>Oral:</u> 1) Omega 3 1000mg 2) Vit D3 2000iu 3) Zinc (with Copper) 30mg 4) Magnesium (high bioavailability) 400mg <u>Other:</u> Dermastamp 0,5mm <u>Topical:</u> 1) Diclofenac 1% - Lactic Acid 2) RU 5% - Cetizirin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Omega 3 1000mg 2) Vit D3 2000iu 3) Zinc (with Copper) 30mg 4) Magnesium (high bioavailability) 400mg <u>Other:</u> Dermastamp 0,5mm <u>Topical:</u> 1) Diclofenac 1% - Lactic Acid 2) RU 5% - Cetizirin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Omega 3 1000mg 2) Vit D3 2000iu 3) Zinc (with Copper) 30mg 4) Magnesium (high bioavailability) 400mg <u>Other:</u> Dermastamp 1,5mm <u>Topical:</u> Castor Oil in Ethanol	<u>Oral:</u> 1) Omega 3 1000mg 2) Vit D3 2000iu 3) Zinc (with Copper) 30mg 4) Magnesium (high bioavailability) 400mg <u>Other:</u> Dermastamp 0,5mm <u>Topical:</u> 1) Diclofenac 1% - Lactic Acid 2) RU 5% - Cetizirin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Omega 3 1000mg 2) Vit D3 2000iu 3) Zinc (with Copper) 30mg 4) Magnesium (high bioavailability) 400mg <u>Other:</u> Dermastamp 0,5mm <u>Topical:</u> 1) Diclofenac 1% - Lactic Acid 2) RU 5% - Cetizirin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Omega 3 1000mg 2) Vit D3 2000iu 3) Zinc (with Copper) 30mg 4) Magnesium (high bioavailability) 400mg <u>Other:</u> Dermastamp 0,5mm <u>Topical:</u> 1) Diclofenac 1% - Lactic Acid 2) RU 5% - Cetizirin 1% 3) Dut 0,01% - Adenosine 1% - Minox	<u>Oral:</u> 1) Omega 3 1000mg 2) Vit D3 2000iu 3) Zinc (with Copper) 30mg 4) Magnesium (high bioavailability) 400mg <u>Other:</u> Dermastamp 0,5mm <u>Topical:</u> 1) Diclofenac 1% - Lactic Acid 2) RU 5% - Cetizirin 1% 3) Dut 0,01% - Adenosine 1% - Minox