

Haircules

Dermapen documentation

Profile

Age: 33

German

Hairloss since ~2009

Current regime:

Minoxodil / Regaine: 1x per day, since 07/2010 → ~9years

Ket Shampoo: 1x per 4 days, since 07/2010 → ~9 years

Sandalore 0,2% in Minoxidil: 1x per day, since 10/2018 → 0.6 years

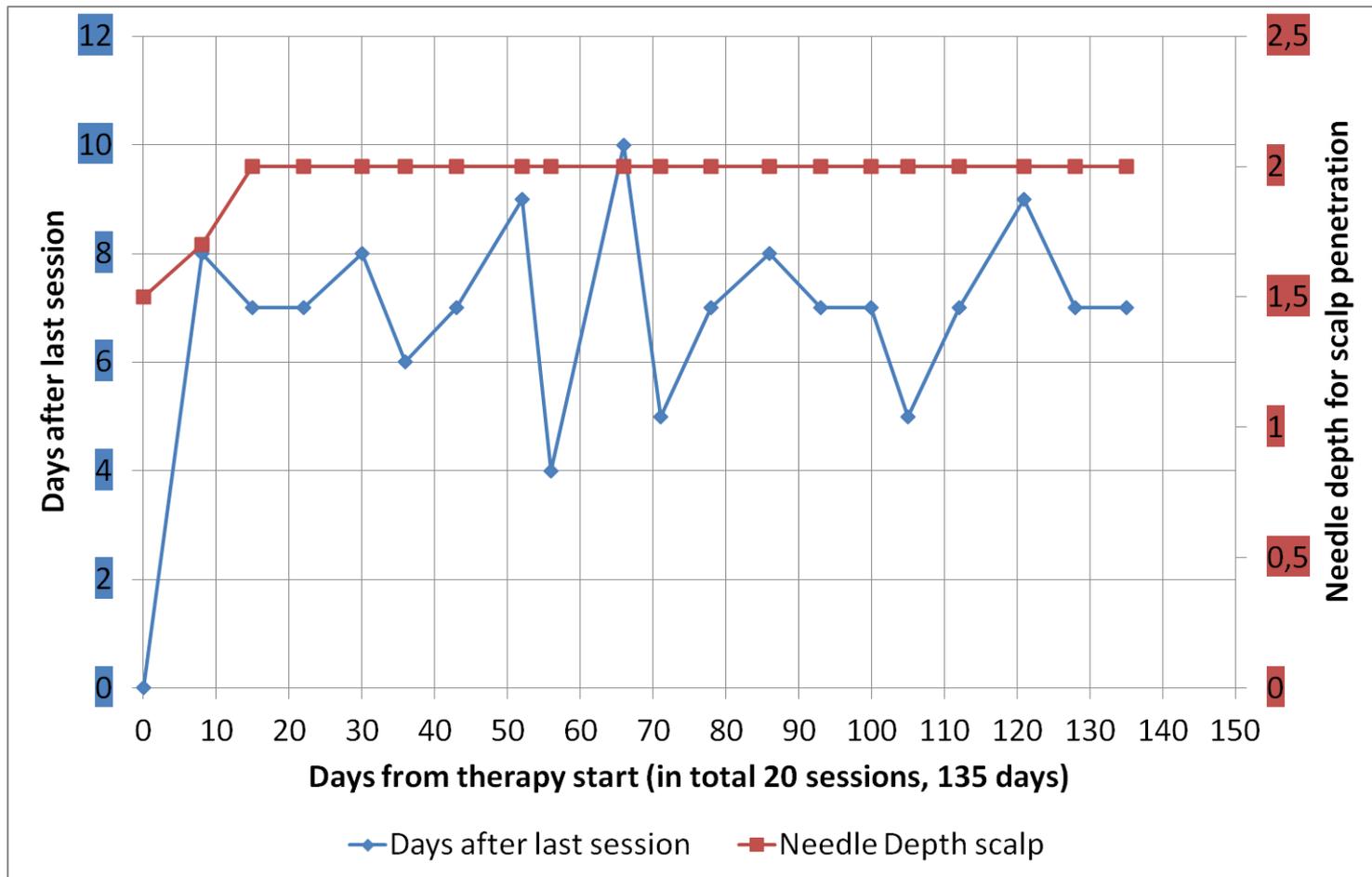
Electric Dermapen, 1x per 7days, 2.0mm, since 03.012019 → 0.4 years (20 sessions, 135days)

Dermapen - procedure

Preparation	<ol style="list-style-type: none">1. Wash hair2. Desinfect: Needles, scalp, face, gloves (with betadine since 10th session, before only alcohol. Wait 3-4 minutes)
Procedure	<ol style="list-style-type: none">1. Sit down on bathroom floor (with music to relax / distract from pain)2. Start session at crown3. Move pen in „zig zag“ motion over scalp4. Repeat 3-4 times <p>(a lot of blood is drawn these days)</p>
Post-processing	<ol style="list-style-type: none">1. Wash scalp with only water from blood and betadine2. Put betadine again3. Wash scalp only from water4. Use minox the morning after (~8h after procedure)

Time in total: 40-60 minutes

Time between sessions and needle depth



4 to 10 days between the sessions :6,75 days in average
Needle depth 2.0mm (but the first two sessions)

Comparison from starting point - b/w high contrast



Comparison from starting point



Comparison from starting point



09.01.2019



18.05.2019

Comparison from starting point – b/w high contrast



09.01.2019



18.05.2019

Recommendations

Use lowest speed, but high pressure

→ Moderate/high pain but bearable

→ deepest possible penetration

Do it on Saturday night

→ You have Friday and Saturday night to go out

→ You have Sunday with a red scalp to relax at home

→ Don't have the procedure from Sunday to Thursday → red scalp stays for 1.5 – 2.5 days and looks weird at work

Flaking is 4-5 days after needling.

Flaking is increased by scalp massage.

→ Do not massage your scalp before flaking when not at home to clean everything up

Prepare some tissues during procedure

→ Because of painful procedure nose starts running and needs to be blown several times during procedure

Next steps

Continue with 2.0 mm until 03.07.2019 (6 month mark) and decide how to continue then